

Diabetes Awareness Month Event

It's Your Health – Take Charge!

November is Diabetes Awareness Month and **The Diabetes Institute** at HopeHealth wants to celebrate with you!

Drop-in and learn tips to **improve your health and blood sugar**, discover how to **rethink your drink**, move with us for a **dance party**, and sample some **new recipes**.

You can also register to **win a prize!**

HopeHealth in Kingstree

Monday, November 18 | 10 am – 3 pm
520 Thurgood Marshall Blvd., Kingstree, SC

HopeHealth in Manning

Tuesday, November 19 | 10 am – 3 pm
Building B Conference Room
12 W. South Street, Manning, SC

HopeHealth Medical Plaza

Thursday, November 21 | 10 am – 3 pm
Magnolia Room
360 North Irby Street, Florence, SC

For more information or to register, contact Sonda Jett-Clair at (843) 432-3717 or email sjclair@hope-health.org

Hope to see you there!